STRENGTHS

Accountable Accurate Action-oriented Adaptable Administering Adventurous Advising Ambitious Analytical Approachable Articulate Artistic Assertive Attentive Benevolent Bold Brave Briefing Budgeting **Building** teams Calm Candid Caring Charismatic Cheerful Clever Coaching Collaborative Committed Communicating Compassionate Competent Confident Consistent Controlled Cool Cooperative Creative Customer-oriented Daring Decisive Deliberate Dependable Detail-oriented

Determined **Developing** teams Dignified Diplomatic Directing Disciplined Discovering Driven Dynamic Easy-going Educated Efficient Emotionally aware Emotional balance Empathy Empowering Energetic Entertaining Enthusiastic Even-tempered Expert Exploratory Expressive Extrovert Fairness Fast Firm Flexible Focused Forgiving Friendly Fun Futurist Generous Giving feedback Gratitude Guiding Happy Harmony Helpful Honest Humble Humour Idealistic

Implementing Influential Innovative Insightful Inspiring Instructing Intelligent Interviewing Intuitive Inventive Kind Knowledgeable Launching Leading Learning Listener Logical Loyal Managing Marketing Mature Meeting people Mentoring Mindful Motivated Motivator Negotiating Nurturing Open-minded Optimistic Organised Outgoing Passionate Patient People skills Perfectionist Persistent Persuading Planning Playful Polite Positive Pragmatic Presenting

Problem solving Quality-oriented Questioning Relationship-oriented Reliable Reporting Researching Resilient Responsible Respectful **Results-oriented** Reviewing Savvy Scheduling Self-confident Self-controlled Selfless Selling Setting up Sincere Social skills Speaking **Spontaneous** Stamina Straight-talking Strategic thinking Teaching Team-oriented Teamwork Thorough Thoughtful **Tireless** Tolerant Training Troubleshooting Trusting Trustworthy Understanding Uniting Visionary Warm Wise Witty Writing

WEAKNESSES

Aggressive Aloof Arrogant Belittling Belligerent Blunt Boastful Boring Bossy Callous Cantankerous Changeable Chaotic Close-minded Complaining Compulsive Condescending Contemptuous Controlling Cruel Cynical Deceitful Detached Dishonest Distrustful Dogmatic Domineering

Doubting Dull Envious Fanatical Fearful Finicky Foolhardy Foolish Fussy Greedy Grumpy Gullible Hard Harsh Ignorant Impatient Impolite Impulsive Inconsiderate Inconsistent Indifferent Indiscrete Inflexible Inhibited Insensitive Interfering Intolerant

Irresponsible Lazy Lethargic Loose-tongued Materialistic Miserly Mistrustful Moody Naïve Narrow-minded Nasty Negative Nervous Obsessive Obstinate Obstructive Overcritical Overemotional Passive Patronising Perverse Pessimistic Prejudiced Pushy Quarrelsome Quick-tempered Reckless

Rude Ruthless Sarcastic Secretive Self-centred Selfish Shallow Short-sighted Shy Silly Sloppy Slow Stand-offish Strict Stubborn Superficial Suspicious Tense Thoughtless Undisciplined Unkind Unpredictable Unreliable Untrustworthy Vague Vengeful Weak-willed